

The Chartered Institution of Building Services Engineers

Hong Kong Branch Correspondence Address: Unit 3328, 33/F, China Merchants Tower,
168-200 Connaught Road Central, Hong Kong

英國屋宇裝備工程師學會 香港分會通訊地址：香港干諾道中168-200號招商局大廈33樓3328室

Tel: +852 8203 3995 Fax: +852 3793 3379 Email: secretariat@cibse.org.hk Web Site: <http://www.cibse.org.hk>



Talk on the Importance of Our Five Internal Organs

- Date** : 30th August 2011 (Tuesday)
Time : 7 pm to 8 pm
Venue : Room FJ 704, Polytechnic University of Hong Kong, Hung Hom.
Audience : For CIBSE members only (free of charge)

Programme Highlight:

Our heart, liver, spleen, lung and kidney are controlling our health and well-being. Weakness in any of them will result in different colour of our facial appearance as well as symptoms in our behavior e.g. tiresome, uncontrolled temper, high blood pressure, etc. The talk will use material from ancient Chinese books to explain the signs of weakness of these five internal organs, their relationship with the five crops, five cattle, five fruits and five nuts. Medication by simple food and drink to strengthen them will be discussed.

About the Speaker:

Mr. K K Lam is retired but actively involved in institutional activities. He is the Social Secretary of CIBSE HKB Committee and an adjunct professor of the University of Hong Kong. Mr. Lam spends a lot of time in reading and travelling. His knowledge in Chinese preventive medicine is a result of research as well as listening to public lectures by Chinese professors.

Registration & Enquiries:

Please return the application reply slip to Mr. K K Lam by e-mail (lam_kam_kuen@yahoo.com.hk).
As the size of the audience is limited, acceptance will be on a first come first serve basis.

For enquiry, please contact Mr. K K Lam at tel. 96746581.

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REPLY SLIP

To: Mr. K K Lam (CIBSE HKB Social Secretary)

Application for

Talk on the Importance of Our Five Internal Organs

Name : Dr / Mr. / Mrs. / Ms / Miss

Membership Class & No. :

Telephone (Mobile) :

Date :